FAIR SPORT FOR WOMEN



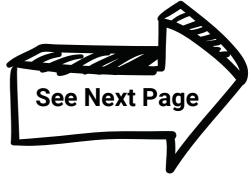
AUSSIE SPORT - FAIR OR NOT?

- **Did you know** that many Australian sporting bodies allow natal males to compete against natal females?
- Did you know that some policies allow men to simply selfidentify as a woman to qualify for women's sports?
 Did you know that men's physical advantages over women
- are retained even after testosterone suppression?

SPORTS MUST BE FAIR

- It is not fair that men are competing against women in sporting competitions, clubs, and leagues across Australia.
- It is not fair that women risk physical harm by competing against men, who are on average physically larger and stronger.
- It is not fair that women miss out on podium finishes, prizes, and scholarships as men take their sporting opportunities.
- It is not fair that women and girls are expected to share sporting change rooms with natal males.
- It is not fair that the "women's category" of sport no longer protects the inclusion, safety, and dignity of women and girls





SCAN TO KEEP WOMEN'S SPORT FAIR



FAIR SPORT FOR WOMEN



The strongest 10% of females can only beat the bottom 10% of men in hand grip tests.28 Hand grip is one of the most widely-used markers for strength.

Men are **faster** than women. <u>In running, swimming,</u> rowing, kayaking, and short distance and long distance, women's speed world records are all about 90% of their men's speed world records.²⁹ Each year,

hundreds of men easily beat the world's best time in the women's marathon.30

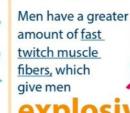
Men have broader shoulders, and larger feet and hands, all of which grant an

advantage

in sports like volleyball, swimming, and basketball. Male marathon runners have

lower body fat

percentages than female marathon runners.31



amount of fast twitch muscle fibers, which

On average, men are physically stronger than women.33

Men have 66% more upper-body muscle than women,

and 50% more lowerbody muscle.34

oxygen.



There is a 10% performance gap between male and female athletes in most sports and it hasn't narrowed as women train



Men have higher hemoglobin

levels, allowing

their body to oxygenate muscles more quickly and efficiently.36



Men have larger hearts and lungs. A larger heart can pump more blood to the body and larger lungs allow for the body's tissues to receive more

Men have bigger and stronger bones. A larger skeletal structure means men's bodies can hold more muscle and larger bones

facilitate leverage.37

harder.35

Men are taller giving them an advantage in sports like basketball or volleyball.



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