

Bodies Matter in Sports

The right of women to women-only sport was hard-won. Before the twentieth century, organised sports were only for men. We all cheered for the Matildas in last year's Women's World Cup, but before 1974, there was no official organization for women's soccer in this country at all.

Males and females perform differently in sport

Studies show that males have a physical advantage in sport. During puberty, male bodies are infused with testosterone, causing them to grow in size and add muscle. Males have narrower pelvises than females, making their running more efficient.

The recent International Olympic Committee (IOC) (2015) guidelines allow transwomen [males] to compete in the women's division if (amongst other things) their testosterone is held below 10 nmol/L. This is significantly higher than that of cis-women [females]. Science demonstrates that high testosterone and other male physiology provides a performance advantage in sport suggesting that transwomen retain some of that advantage. - Knox T, Anderson LC, Heather ATranswomen in elite sport: scientific and ethical considerationsJournal of Medical Ethics 2019;45:395-403

Female sport destroyed by males

The increasing inclusion of male people in female sport destroys opportunities for women in sport – opportunities that are still much more rare than opportunities men have access to. Female and male people cannot compete equally in contests of physical strength. Even males with lowered testosterone still have the advantage of height, a more robust skeleton, greater lung capacity, and retained muscle-power advantage.



Inclusion of males in female sports is based on a study of only 8 male athletes. The website **nequals8.com** has the full story.

SheWon.org honours women and girls who have lost records, opportunities, scholarships and trophies

The website **shewon.org** has now documented 800 times worldwide when women have missed out on medals due to men's participation in their sport – most of these in the last 2 years. Women deserve women-only sport, for fairness and equity



Women's Rights Network Australia // Web: wrnaustralia.au



WOMEN'S RIGHTS NETWORK

Australia

Who are we?

Women's Rights Network Australia are a national organisation of everyday Australian women. We come from all walks of life. We advocate for the **sex-based rights** of women and girls. **JOIN US!** Advocate for women's sex-based rights in law, language and life

Our goals

- We oppose laws that replace sex with gender identity
- We support ending male violence against women
- We oppose the medicalisation of gender confusion in children
- We support female-only spaces
- We advocate for the "women's category" in all sports to exclude males
- We support the rights of lesbians to associate in lesbian-only spaces without the presence of men
- **We support** freedom of opinion, free expression, peaceful assembly, political participation and freedom of association

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